

## Working for Steiner | Massage Therapists

So, you have decided you want to work with Steiner at sea on a luxury cruise ship. The question is now, do you have what it takes? Steiner only hires fully-qualified staff.

[Minimum Age Requirement to join Steiner is 18 years old.](#)

### European Qualifications

#### Massage Therapists

- Must be qualified in Swedish/Sports massage with NVQ, ITEC, VTCT, (minimum 150 hours)
- Any additional courses, e.g. aromatherapy, reflexology, Indian head massage, Reiki, remedial massage is beneficial
- Level 2 NVQ and Level 3 NVQ (Massage)

### Massage Therapists

All [massage therapists](#) attend the Elemis ten-day course where, as with the beauty therapists role, the focus is on standards, professionalism and revenue, massage therapists are also expected to exceed these expectations.

During the course, you will develop deep tissue massage techniques, incorporating your own personal massage movements with our advanced techniques. This not only ensures that your guest receives the ultimate personalized massage, but most importantly, with correct posture and use of the body, you will have a long-standing career with us.

During your course, we will train you in muscle detoxifying seaweed wraps, which saturate the muscle fibers, releasing tension and swelling from joints, combined with a Deep Tissue massage you will be able to provide longer lasting results for your guests.

Aroma Stones therapy is taught to the advanced massage therapists. Using the healing volcanic stones from Bali, the stones are gently heated and then rhythmically massaged in to the body. Special stones are anointed with aromatherapy oils, and placed on the body's key energy points or 'chakras' to balance the body. This therapy offers the ultimate in pure indulgence for our guests onboard.

### Essential Components Required

- A Diploma in Swedish Massage including the anatomy and physiology of the body is absolutely necessary
- The minimum number of hours for the above course is 150
- Any other courses like reflexology, Indian head massage, aromatherapy is beneficial to your application, but not essential