

Working for Steiner | Personal Trainer

So, you have decided you want to work with Steiner at sea on a luxury cruise ship. The question is now, do you have what it takes? Steiner only hires fully-qualified staff.

[Minimum Age Requirement to join Steiner is 18 years old.](#)

European Qualifications

Personal Trainer

- Need to have two certificates; —1/ PT training certificate or Sport academy diploma
- Any other courses such as Tai Bo, yoga, pilates, circuit training, body balancing, spinning, Les Mills certificates are only a bonus, but not essential

Personal Trainer

Steiner offers fitness professionals a unique career in the industry. The Personal Trainer is certified to lead classes and perform Personal Training sessions on board. They are fitness professionals with extensive experience in the fitness field. The Personal Trainer must be knowledgeable of all fitness offerings at the spa, hold current certifications and have at least 1 year's experience. They must possess excellent customer services skills in order to provide the highest quality environment and instruction that will meet the needs of our guests in the area of health and exercise.

Successful applicants attend a three week intensive training course in London where they are taught how to implement the specially designed programs and business model, as well as receive tuition on public speaking, Seminars, Pilates, Yoga and Indoor cycling.

Education and Experience Requirements: Must have a recognized National Certification in personal training, preferably in yoga and Pilates. An exercise to music qualification is preferred but not essential. You must have a minimum of 1 year's industry experience, 6 months of which must include personal training clients. The spa industry provides some of the most exciting professions today! You have been carefully selected to represent this department because of your customer service abilities, enthusiasm, professional appearance, knowledge of health and fitness, technical know-how and ability to make fitness fun and rewarding. We hope you will find your career here very rewarding and challenging.

Steiner Fitness is for the individual that strives to be the best, can motivate and inspire others and has a desire to learn and be successful.

Essential Components Required

- Premier's level 3 Certificate in Gym Instruction or
- Fitness Instructor YMCA Level 3 or an equivalent resistance weights or personal training qualification
- All applicants must attend 5 hours of Pilates and Yoga classes before attending training